

#### **EXPLORE THE SUNDAY GOSPEL**

Third Sunday in Ordinary Time

Is 8:23—9:3 Ps 27:1, 4, 13-14 1 Cor 1:10-13, 17

# The Beginning of the Galilean Ministry and The Call of the First Disciples

Mt 4:12-23 or 4:12-17 (Long form posted here)

When Jesus heard that John had been arrested,

he withdrew to Galilee.

He left Nazareth and went to live in Capernaum by the sea,

in the region of Zebulun and Naphtali,

that what had been said through Isaiah the prophet

might be fulfilled:

Land of Zebulun and land of Naphtali,

the way to the sea, beyond the Jordan,

Galilee of the Gentiles,

the people who sit in darkness have seen a great light,

on those dwelling in a land overshadowed by death

light has arisen.

From that time on, Jesus began to preach and say,

"Repent, for the kingdom of heaven is at hand."

As he was walking by the Sea of Galilee, he saw two brothers, Simon who is called Peter, and his brother Andrew, casting a net into the sea; they were fishermen.

He said to them,

"Come after me, and I will make you fishers of men."

At once they left their nets and followed him.

He walked along from there and saw two other brothers,

James, the son of Zebedee, and his brother John.

They were in a boat, with their father Zebedee, mending their nets.

He called them, and immediately they left their boat and their father and followed him.

He went around all of Galilee, teaching in their synagogues, proclaiming the gospel of the kingdom, and curing every disease and illness among the people.

#### MEET OUR EXTENDED FAMILY

# St. Vincent Pallotti (Feast Day January 22)

April 21, 1795 - January 22, 1850

St. Vincent Pallotti was born in Rome in 1795. He was a well-known priest because many people sensed that God worked extraordinary graces through him. He raised large sums of money and organized schools for shoemakers, tailors, coachmen, carpenters, and gardeners, as well as evening classes for young farmers and unskilled workers. In his lifetime, he founded the Union of Catholic Apostolate. At that time, the Church did not actively involve the laity, but St. Vincent wanted to inspire people from all walks of life to work constantly for God's kingdom. He called the members of the Union of Catholic Apostolate (laity, sisters, priests, and brothers) to charity, patience, humility, zeal, and love of God. St. Vincent Pallotti died, leaving a legacy that inspires people worldwide. Today the Union of Catholic Apostolate in the United States is composed of the Pallottine Fathers and Brothers, the Pallottine Sisters, the Pallottine Missionary Sisters, and various lay groups.

#### **TAKE TIME TO CHAT**

- · What is it like to catch a fish? Share a time when you went fishing.
- · What does Jesus mean when he says he will make the brothers fishers of men?
- · Why do you think James and John leave their previous life behind and follow Jesus?
- · St. Vincent Pallotti left a legacy that continues to inspire people today. What do you want your legacy to be? How do you want people to remember you?

## **FAMILY FUN**

### **Aqua-Themed Activity**

- · Take a trip to a local aquarium.
- $\cdot$  Go to a pet store to look at the fish and other animals. Who knows, you may return with a new addition to your family!
- · Have a movie night and pick an ocean-themed movie ("Finding Nemo," "Finding Dory," "The Little Mermaid," "Dolphin Tale," etc.) complete with lights off and popcorn!

#### RECIPE OF THE WEEK

#### **Fish Tacos**

*Inspired by the fishermen in today's Gospel, enjoy some delicious fish tacos!* 

Taco Shells (crunchy or soft)

Fish Sticks

Desired toppings: lettuce, tomatoes, coleslaw, cheese, etc.

Prepare the fish sticks according to instructions. Prepare the toppings and prepare shells according to instructions. Place one to three fish sticks in a shell and add desired toppings. Enjoy!

### **FAMILY PRAYER**

<u>Children</u>	<u>Adults</u>
Praise be to God	who made us a family.
Praise be to God	for the love that we share.
Praise be to God	for sending us Jesus.
Praise be to God	for teaching us to care.
Help us, Lord Jesus	fill our lives with your Spirit.
Help us, Lord Jesus	teach us how to forgive.
Help us, Lord Jesus	grant us wisdom and patience.
Help us, Lord Jesus	in your grace may we live.
Come, Holy Spirit	fill our lives with your gifts.
Come, Holy Spirit	help us serve other's needs.
Come, Holy Spirit	teach us faith, hope, and love.
Come, Holy Spirit	guide our thoughts and our deeds.
Be with us, God	we ask Mary to help us.
Be with us, God	we look to Joseph for aid.
Be with us, God	may we respect one another.
Be with us, God	may our hope never fade.
Hear us, Lord Jesus	watch over our family.
Hear us, Lord Jesus	help our faith to grow strong.
Hear us, Lord Jesus	come and dwell in our hearts.
Hear us, Lord Jesus	to you we belong.
Spirit, we praise you	you invite us to know you.
Spirit, we praise you	may we walk in your light.
Spirit, we praise you	may we find you in all things.
Spirit, we praise you	all day and all night. Amen.

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### **LITURGY LINK**

In the early Church, the fish was a secret symbol of Christianity. Look around the church and vestibule to see if you can find any fish in the art, décor, windows, or books.

### **FAMILY CHALLENGE**

St. Vincent Pallotti raised large sums of money to help others. Brainstorm one way your family can help someone in need this week.

### **FUN FACTS**

In 2019, Pope Francis declared the Third Sunday of Ordinary Time as *Sunday of the Word of God*. This day reminds us to read the Bible regularly and reminds us of the connection between the Bible and the sacraments.

https://www.52sundays.com/sundays/january-22-2023